



The California Interscholastic Federation (hereinafter referred to as the CIF) was founded in Los Angeles in 1914 in order to standardize rules and team structures between schools. As a problem-solving organization, the CIF prides itself on providing equitable athletic competition for more than 1,500 schools across California. Since its inception, the CIF has grown to become the largest youth agency in the nation, serving more than 758,474 young student-athletes each year who participate in interscholastic athletics.

The CIF Los Angeles City Section (hereinafter referred to as LACS) constitutes a Section of the CIF, and as such, conducts its athletic programs in conformance with the general policies of the State. LACS may make rules and regulations more stringent than those of the CIF, as long as they are not more liberal or lenient in legislation than permitted by the regulations of the State organization.

The rules and regulations contained within this manual have evolved over a period of many years and have helped achieve, to a high degree, their original purpose as expressed by the 1931 Codification Committee which stated, "Uniformity of direction and control in our interscholastic activities will encourage and stimulate wholesome, worthwhile competition and develop a spirit of friendly relationship and cooperation between schools and leagues."