

L O S A N G E L E S

Leadership Academy

The Voice



Volume 9 Edition 5

Newspaper serving the Lincoln Heights community since 2008

March 2017



Central City Basketball Association 2016 Schedule

BY: **EMILY GABRIELA GONZALEZ**
Photographer & Managing Editor

Our LALA Basketball team is part of Central City Basketball Association. If you want to go see them play; their upcoming games are Thursday March 2, 2017 at 7:00pm, March 9, 2017 at 7:00pm, March 16, 2017 at 6:00pm, and finally the playoffs for the top 8 teams will be either on March 23 or 24. All the games will be happening at the Lafayette Recreation Center.



Perfect Attendance Breakfast

BY: **EMILY GABRIELA GONZALEZ**
Photographer & Managing Editor

On Friday February 10, 2017 students with perfect attendance were invited to attend a special breakfast hosted by vice principal, Mario Martinez, and principal, Cynthia Cuprill. Students were treated to eat some homemade food like pancakes, eggs, bacon, and other foods.



Green Vs. Gold

BY: **EMILY GABRIELA GONZALEZ**
Photographer & Managing Editor

On February 22, 2017, Los Angeles Leadership Academy held a Green vs. Gold event. Students were given the opportunity to participate in a game of basketball. The 9th and 11th graders played for team green and 10th and 12th grade played for team gold.



Valentine's Dance Cancellation

BY: **EMILY GABRIELA GONZALEZ**
Photographer & Managing Editor

On Friday February 17, 2017, the Leadership class had planned a Valentine's dance but, it was cancelled due to the harsh weather conditions. A few parents had some concerns about the safety of their children; therefore, it was decided that it would be best to cancel the dance because of the rain and also many students were not going to be able to attend.



#ADayWithoutImmigrants

BY: **KAREN JOCELYN GARCIA**
Staff Writer

In many cities, thousands of companies, restaurants, and other businesses in the United States braced for "A Day Without Immigrants" - a boycott/strike that emphasized the contributions of immigrants to the U.S. business and culture. This movement was in response to President Donald J. Trump's immigration agenda, which was a pledge to secure the U.S. border with Mexico, send immigrants back to their country, and ban refugee's from seven predominantly Muslim countries.

Many employees and employers sacrificed their wages and profits to participate in the protest regarding the new immigration policies. They hoped that this would show American consumers what an economy without immigrant labor would look like for their

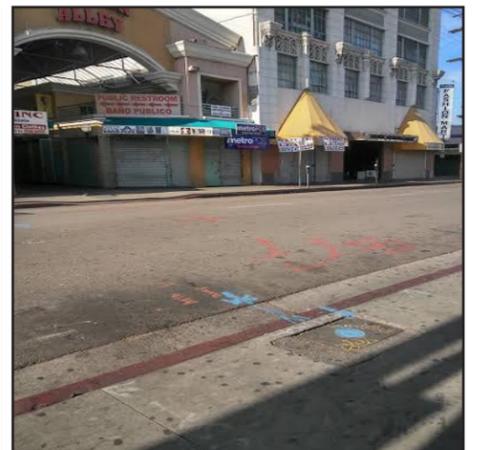
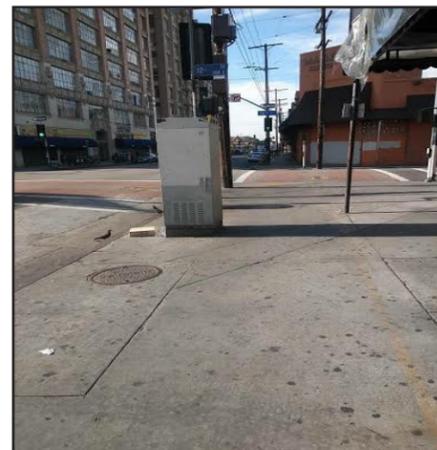
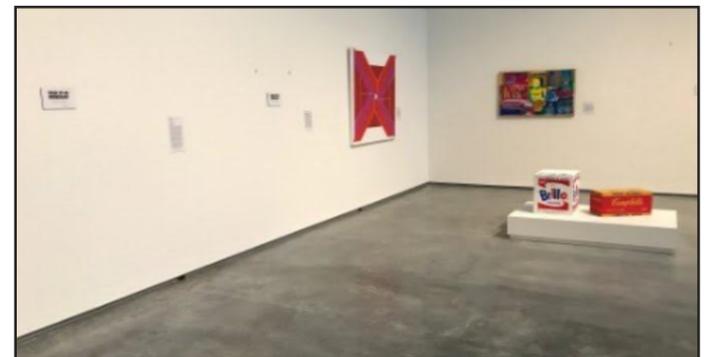
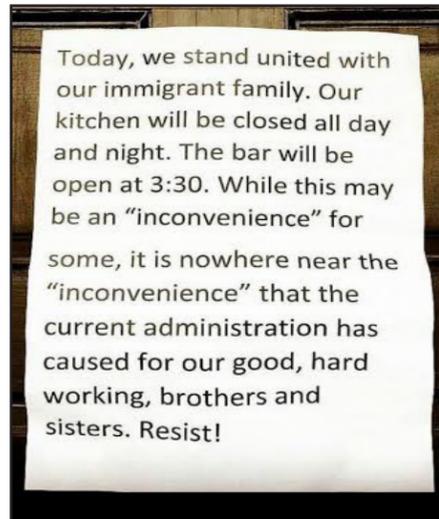
goods and services they rely on. Furthermore, CNN reported that "a number of participants in the protests were fired in the fallout of 'A Day Without Immigrants.'" Despite the reported firings, "A Day Without Immigrants" seemed to have achieved a high purpose: highlighting the fact that immigrant workers makeup a significant portion of the American workforce.

Furthermore, many parents did not allow their children to attend school because "we need to support nuestra raza." Instead, they stayed home to show their presence in the protest. Museums also protested by removing every piece of art made by immigrants, public schools organized walkouts, and many restaurants did not open in solidarity of immigrant workers and due to a shortage of staff.

President Trump's new policies

have united the people especially, the Latino community. As a result, some churches have started a sanctuary movement which is a faith-based organization that voluntarily helps protect immigrants from deportations. However, no one should have to seek sanctuary in a country that is considered "the land of the free". But the recent mass deportations and the Muslim ban, that Trump has ordered, are only the beginning.

Protesters hope that the "A Day Without Immigrants" strike will have a long-term political impact. This strike has made it clear to consumers of what America would look like without immigrants. President Trump's new policies have angered many people and perhaps se arme una revolucion.



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The Voice is a student newspaper produced by students at L.A. Leadership Academy. This paper is published to inform, educate and entertain the student body, faculty and members of the community of Lincoln Heights.

Students, faculty and community members with strong opinions are highly encouraged to write a guest commentary or a letter to the editor, which may be published.

Send letters to the editor:
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The Voice is a proud member of the following:

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Viewpoint

THE PROCEDURE OF A NEWBORN

BY LILIBETH HUERTA
Staff Writer

When Daisy Adriana was born on December 31, 2016 at midnight, she cried saying “mama” and I carried her in my arms until she stopped crying. Day one in the hospital, the nurse came in and checked our health and stated if ever needed to call. First she checked Daisy and asked, “Do you want the vaccine of Hepatitis B1 (HepB) for your baby?” and I said, “Yes”. Since my mother was there to guide me on what to say either yes or no I knew she would give me the best advice on what to decide on what’s the best for Daisy, my daughter. Hepatitis B1 (HepB) is a vaccination for babies to prevent a serious liver infection.

Then they checked her blood pressure with a little machine called Carescape V100 Monitors by GE Healthcare baby blood pressure cuff on the feet. Then her temperature was checked by a thermometer. Then they took her away in a room where they do labs only for babies. The name of the crib they use for babies is called “UMF Stainless Steel Bassinet, 2-Door”. They diagnosed her with her blood test results with Bilirubin. The name of the disease is Bilirubin but another term used mostly is jaundice it’s if the level of jaundice at birth is too high; the infant’s bilirubin in the blood may be tested several times in the first few days of an infant’s life to check that the liver is starting to work normal as



usual. (Newborn jaundice : MedlinePlus) Jaundice in a newborn can be very serious and life threatening if it’s left with no treatment. Infants it can lead to serious conditions in which it can have excessive bleeding and slight headaches or even fainting having an infection on the skin. After that Daisy was under ultraviolet light treatment for jaundice and she had to stay for a long period of time into “UMF Stainless Steel Bassinet” in other words her crib. She would literally cry all the time, all of her clothes were taken off and she only had her diaper on and she had to wear a blue sheet that covered her up all of her skin. Since Daisy’s jaundice was too high she had to stay another day in the hospital until it went down, then she was able to go home. So the next day the nurse arrived in the room where Daisy and myself and her Grandma were waiting for the nurse to tell us if everything was okay to go home. But

the nurse said that she still had jaundice and she recommended to keep her on the ultraviolet light longer so everything could be back to normal. When she came back in the night she gave us the good news that she can go home but, the lady who gives out the birth certificates and release paper work left the hospital so we couldn’t go home.

Early in the morning the nurse came by and gave me the release form in which I had to sign for the birth certificate. So I waited patiently while she was attending the other patient with all her documentation I checked and reviewed all the information if it was written correctly and right in that moment the lady came in. She asked if all of the information was written correctly and I responded with yes all of the information given was correct. The nurse lady returned came back with the certificate and I had to sign all of the paperwork she gave me. Later on my dad arrived and picked us up and we went to our sweet home. After four days and three nights at the hospital myself and Daisy didn’t spend the most romantic or picture perfect first few days together but everything turned out alright.

Have an opinion?

Write for The Voice

Submit your opinions to the editors at

thevoice@laleadership.org

Upcoming Events

- 3/20/17- 6-12 Week 10 Grades Due.
- 3/28/17- HS Coffee W/ Principal And Parent Workshop 4-6 P.M.
- 3/27/17- 3/31/17- Career Week and Parent Conference Week (5 Minimum Days).
- 3/29/17- 6-12 Open House Prep
- 3/30/17- 6-12 Open House @HS EXPO.
- 3/31/17- Cesar Chavez Day- Minimum Day.
- 3/31/17- Leadership Meeting.

YPI NEWS

On March 17, 2017, YPI will be collaborating with Leadership for the Sadie Hopkins Dance.

3/20/17- 3/24/17- March Madness.

*Any questions, ask a YPI member.

The Voice Ch-Ch-Ch Challenge

March’s Challenge

The first student to complete the following challenge:

Will receive
A Special Prize

You Must: Be the first to color in and complete the Activities Page on page 5.

The first student to complete page 5 will receive the prize.



News & Features

ICE Raids in California

BY KARLA BRISA ESQUIVEL
Staff Writer

On February 9, 2017, the Immigration and Customs Enforcement police (ICE) have begun to raid homes and arrest undocumented immigrants in Southern California at a rapid rate. California has the highest population of undocumented immigrants estimated to two million and make up a little more than six percent of the population. Over the decades, many undocumented immigrants have been arrested by ICE Police. Many of those who have been arrested had an order of arrest by a judge. As the raids continued, more and more people are afraid to leave their homes, work, school or go to their local shops. They fear they will get arrested by ICE Police.

The 45th president of the United States, Donald J. Trump, has stated in many interviews that illegal immigrants with a criminal record will be the only ones who will be deported. However, when he stated this, he wasn't specific about what type of crime might get a person deported. According to NOLO's of-

ficial website, anyone who has committed a crime of moral turpitude such as fraud, robbery, assault to people or businesses will receive an order of deportation. Other crimes might be abusive behaviour towards spouse or driving under the influence of a substance (DUI, DWI). Moral turpitude is a phrase used to describe crimes that violate the standards of justice, honesty and good morals. Otherways a person may be in the process of deportation are; if a person committed a crime during the first five years of entering the United States, a person commits two or more crimes of moral turpitude that did not arise out of a single scheme of moral misconduct.

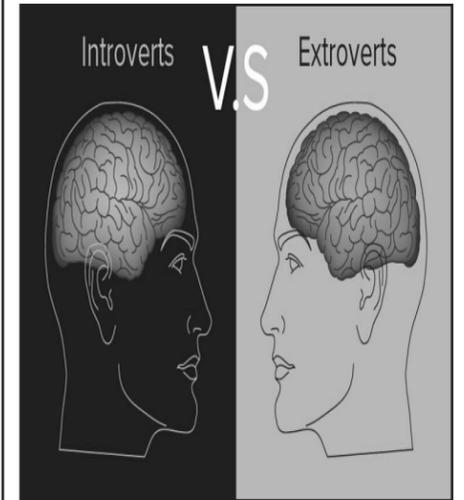
One example of this would be the case of 35 year old Guadalupe Garcia, who was deported within the 24 hours she was arrested by ICE police. She was convicted of working with an invalid Social Security Number and entered the country illegally with her parents at the age of 14 years. She told CNN news that she does not regret the decision of attending her next check-ins to the offices of ICE. "I don't

regret it, because I know I did this so that more families could see what's in store, what could happen, and so that they could know what they could risk," she told CNN News. She wanted to show what kind of danger the undocumented people are facing. With the new executive order, many undocumented immigrants have been deported, leaving their families behind.

According to the ACLU organization, here is what people need to do if ICE comes to knock on their door. First, one shouldn't open the door nor communicate while the door is closed. Second, keeping the door closed does not give the agents permission to come inside. Thirdly, ask the agents what they are here for and ask for a warrant signed from a judge. If they do not speak the person's language, one can ask for an interpreter. Lastly, if the agents have a warrant, the person can ask them to slip it from under the door. The person must check for a signature from a judge. In all cases, the person can say, "I do not consent to your entry."

Got Personality?

Intorverts Vs. Extroverts



BY EDGAR JUAN
Staff Writer

Introverts and extroverts, do you know the difference? They both sound similar, but what is the significance of these terms? Is one considered more favorable than the other? The answers just might surprise you.

Have you ever sat alone in class doing work, thinking deeply, when all of a sudden your trance becomes interrupted by that prototypical person asking the classic question? "Why are you so quiet?" Has anyone ever accused you of being shy? This question seems to be asked most often by that one outgoing and overtly expressive person that seems to have a constant surge of energy. The one accused of being shy is considered the introvert, while the outgoing one is asking the poignant question, is considered the extrovert. To give more details, if you are the type of person who prefers sitting alone and enjoys quiet time, you just might be an introvert. If you enjoy the constant company of others and favor socializing with people then this could mean you're an extrovert.

The terms introvert and extrovert, were coined by psychologist Hans Eysenck during the 1960s. These terms have been used to describe people and their personality traits. The personality traits of extroverts are mostly known as friendly and socially confident. An extrovert can be described as the "life of the party" loud thinkers, someone who has numerous friends and seems to get along with everyone. Extroverts have a tendency of wanting to collaborate with others as well as having the energy and assertiveness to give people directions, according to Hbr.org For example, extroverts are usually the leaders in group projects or team captains in an athletic sport. For this reason, having extroverts in group projects that may have an introvert in a disadvantage because extroverted leaders generally present more plans or ideas than others.

Interestingly, introverts get along with many, but typically keep a small group of close friends. Introverts tend to not have a problem being alone than others may think. Introverts prefer solitude and a quiet environment away from noise. In addition introverts relish alone time, think best when alone and often wear headphones when in public. Introverts typically feel drained and start wishing they were back home while being in a social event. However, they are observant in their surroundings and are self sufficient.

Although the differences may seem significant, it is fair to say that both personality types, are valuable and are needed in order to create a balanced world. Most people are a combination of the two, and neither is superior than the other.

A Look into Frida Kahlo

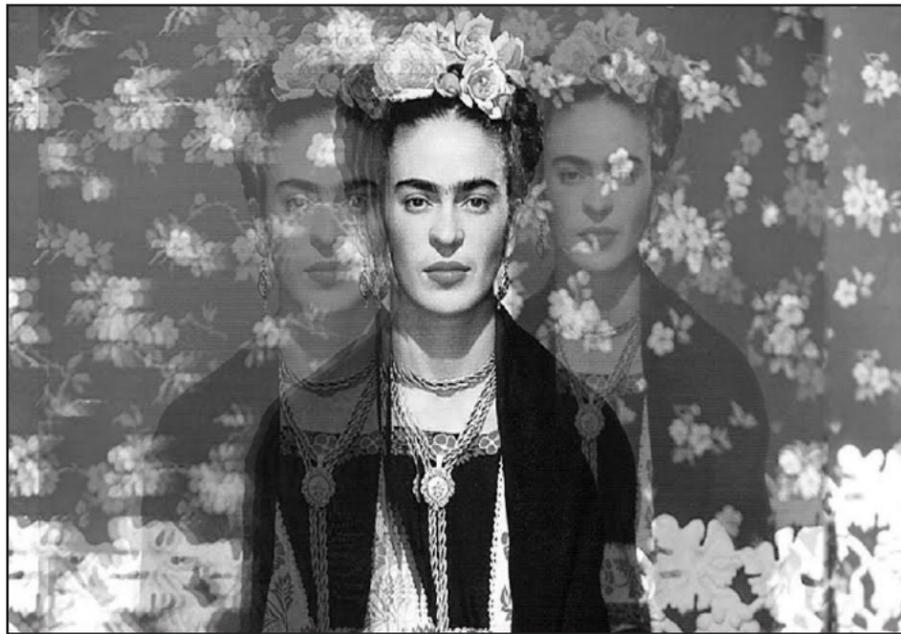
BY JOCELYN PEREZ RAMIREZ
Editor-In-Chief

"I paint my own reality. The only thing I know is that I paint because I need to, and I paint whatever passes through my head without any other consideration," a quote from Frida Kahlo.

Frida Kahlo de Rivera is a feminist icon well known for her self portraits. Kahlo expressed her heart, passion, and pain through her art and has inspired many people through the years. Kahlo has empowered many Mexican women and other women from different cultures and is still admired for the strong feminist role she played in her lifetime.

Born in Coyocoán, Mexico City, Mexico on July 6, 1907, Magdalena Carmen Frieda Kahlo y Calderón, simply known as Frida Kahlo de Rivera, grew up in her birth home called the Blue House/ Casa Azul, with her parents and three sisters. At age six, Kahlo had polio disease which caused her to limp when she walked. In 1925, Kahlo and her ex boyfriend were involved in a serious accident while traveling in a bus. In the accident Kahlo was stabbed by a street handrail which penetrated her hip. As a result of this accident, Kahlo seriously fractured her spine and pelvis. In result, Kahlo spent many hours bedridden, painting while recovering from her injuries. Nonetheless, Kahlo finished her first portrait the following year and recovered.

Kahlo was not afraid of transcending her pain through her work or admitting it. She glorified her emotion towards pain through her art paintings. One of her most famous artwork was The Broken Column (1944) in which was made after her spinal surgery. In her painting, she expresses her pain and suffering by illustrating the nails stuck all over face and body. She paints herself in her medical corset in which her torso, located in her spine, looks torn apart as if an earthquake cracked it to pieces. Her facial expression shows the pain she's feeling, but at the same time she gives a fierce face by looking straight ahead where she is giving the audience a feeling of her situation.



After her retrieval, Kahlo became more politically active and participated in the Mexican Communist Party and Young Communist League - communist parties led by a famous Mexican mural artist, Diego Rivera as part of his Mexican Mural Movement. Born in 1886, Diego Rivera was the leader of the Mexican Mural Movement and a member of the communist party during the 1920's. He expressed his political views through his art and created many mural artworks attacking the ruling class of Mexico such as the church and capitalism.

Furthermore, Kahlo and Rivera met in 1928 and eventually the pair created a professional and romantic relationship. Despite the disapproval of Kahlo's parents, Kahlo married Rivera the following year when she was 22 and he was 42. With revival rages and innumerable cheatings, the marriage was scandalously turbulent. Rivera was a womanizer and cheated countlessly with many women. Kahlo as well cheated with other men including women whom he slept with. In addition, the couple divorced in 1939 and remarried the following year. Unfortunately, their second marriage was more turbulent

than their first marriage.

Kahlo had many self-contradictory qualities. She wasn't like most woman, she smoked, drank, and talked like men. Her iconic unibrow and light mustache showed her natural self and beauty. She also had this sense of toughness and a sort of resilience that made her unique than most woman. She reflects herself through her self-portraits and expresses her emotions through her art. Most of her artworks are self-portraits, she had over 143 paintings and 55 of those paintings are herself, according to Biography.com.

In 1932, Kahlo's artwork became more vivid and surrealistic. During the same year, Kahlo held a big exhibition gallery in New York City selling most of her art pieces.

On July 13, 1954, Kahlo died at her birth home, Blue House, a week after her 47th birthday. According to Biography.com, Kahlo died from a pulmonary embolism, but there have also been speculations about a possible suicide. After her death, Kahlo left her art and paintings each of which reflects her distinguish evolving image. Kahlo remained as an iconic artist and inspiration for women and artists from all places.



News & Features

LA Leadership Academy Has First Spirit Week of the Year!

Pajama Day



Jersey Day

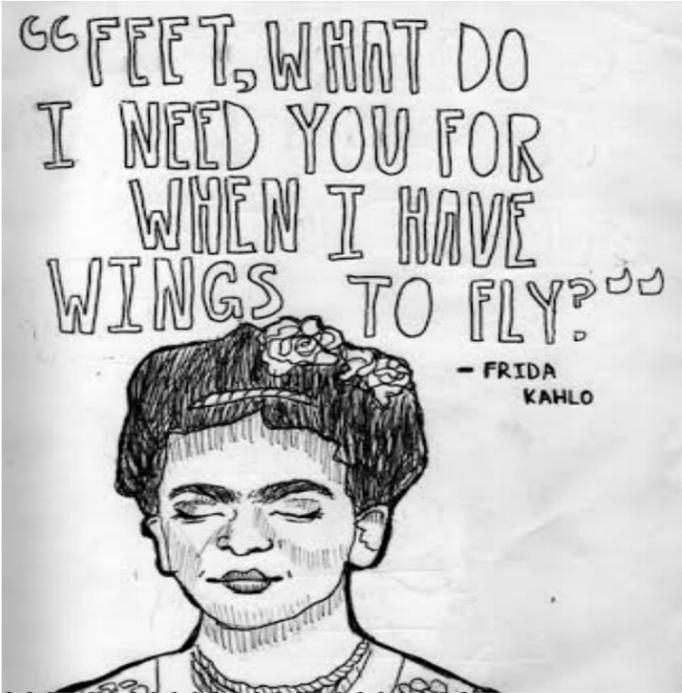


Twin Day



Activities Page

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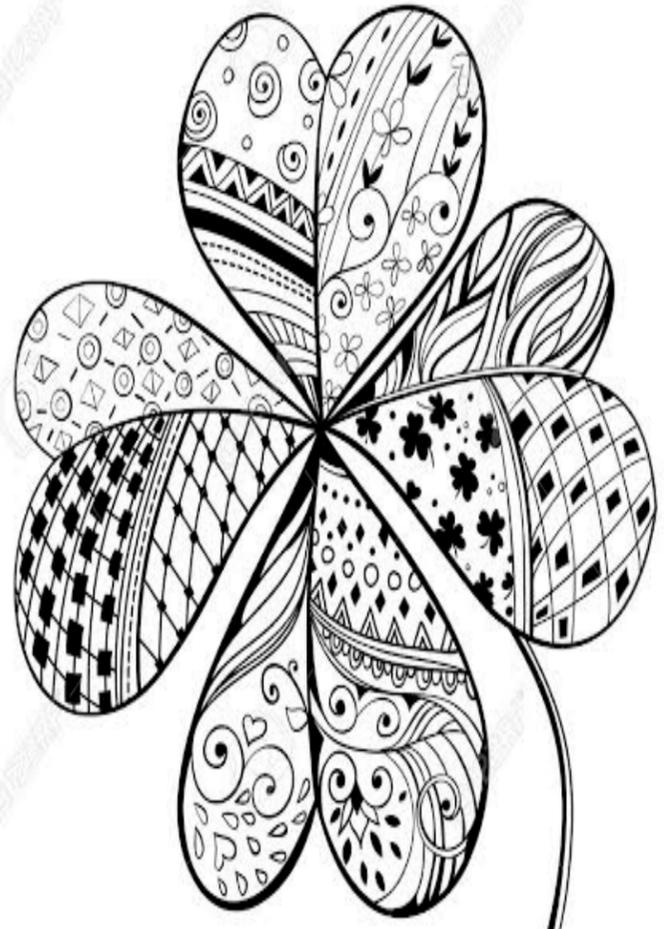
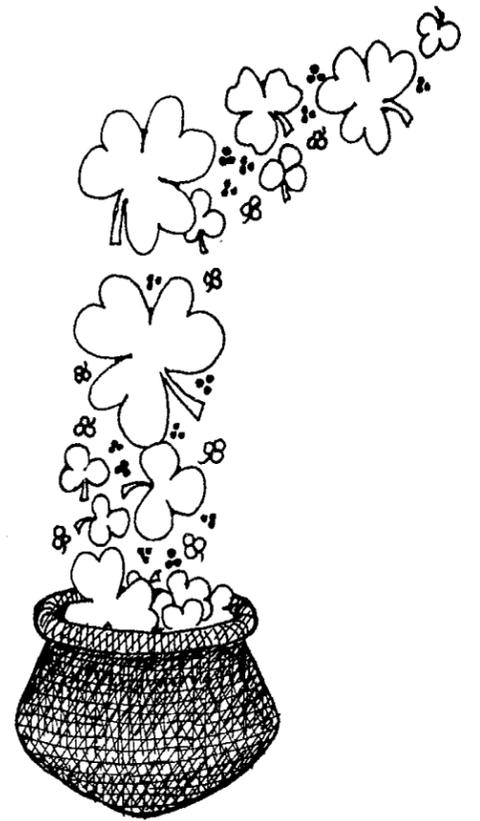
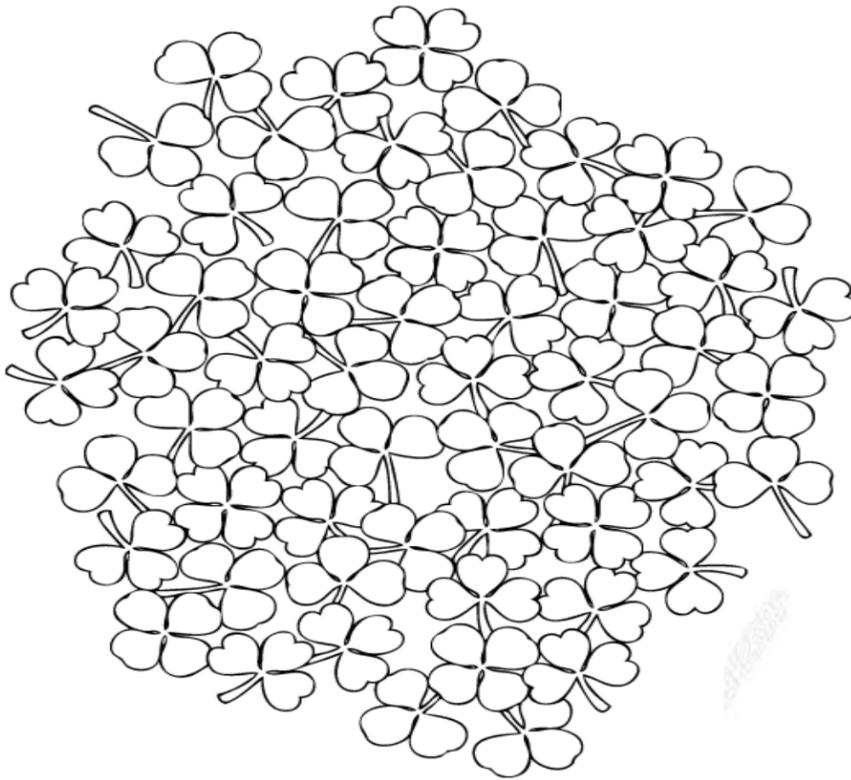


I hope good things happen.



Can you find ten four-leaf clovers?

COLOR ALL THE 3-LEAF CLOVERS ONE SHADE OF GREEN, AND USE ANOTHER SHADE OF GREEN FOR THE 4-LEAF CLOVERS!



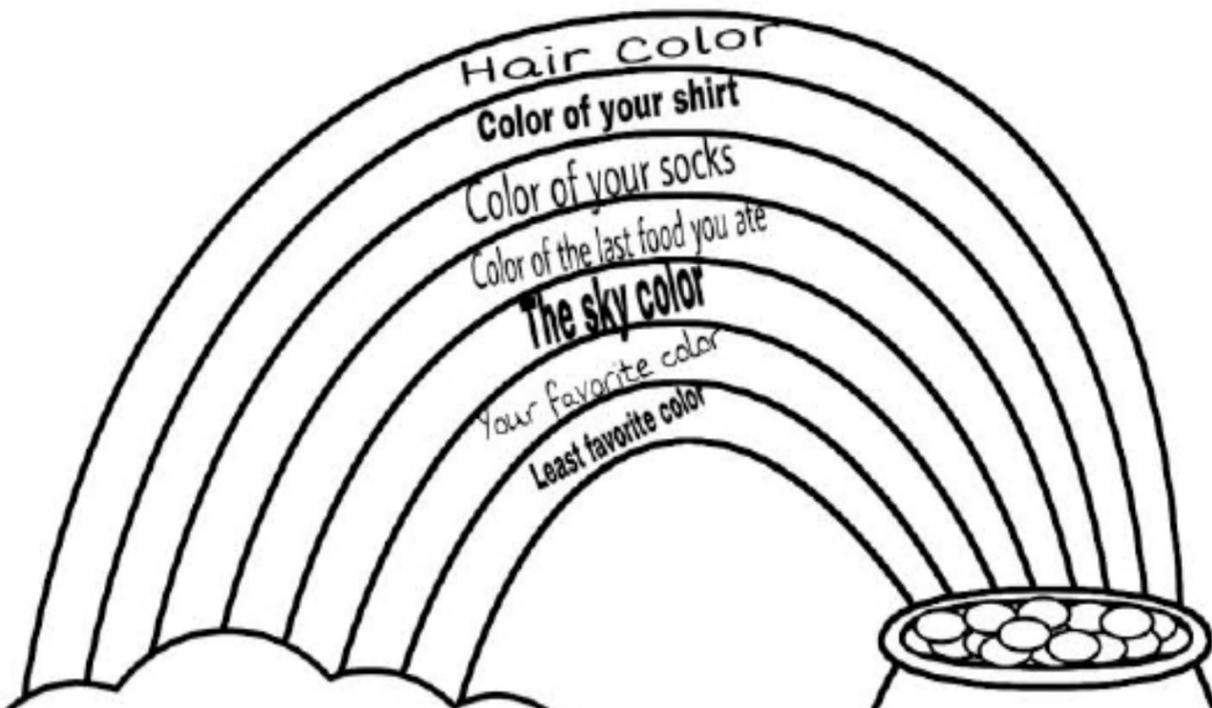
Fun Facts about St. Patrick's Day:

In Chicago, on St. Patrick's Day, the rivers are dyed green. In Seattle, there is a ceremony where a green stripe is painted down the roads.

According to the Guinness Books of World Records, the highest number of leaves found on a clover is 14.

One estimate suggests that there are about 10,000 regular three-leaf clovers for every lucky four-leaf clover.

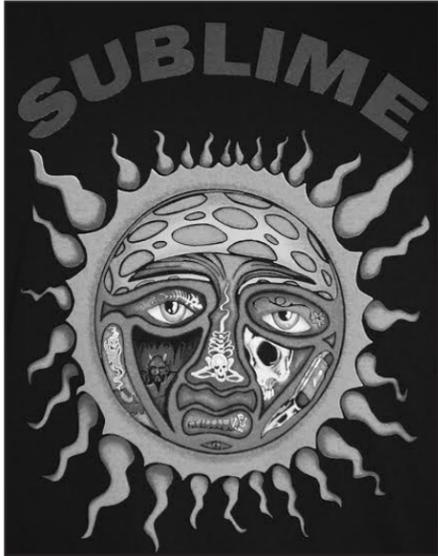
Legends says that each leaf of the clover symbolizes something: one leaf for hope, the second for faith, the third for love and the last leaf for good luck.





News & Features

Sublime



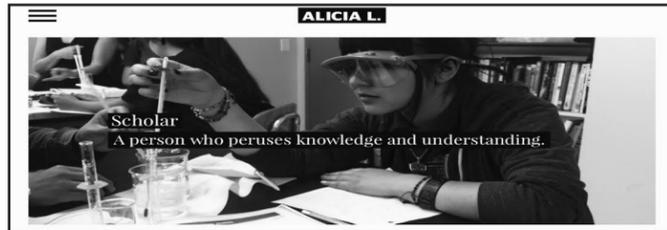
BY SAMANTHA MORA
Staff Writer

In 1996, Bradley Nowell, Bud Gaugh, and Eric Wilson formed a punk band, better known as Sublime, that rose to fame because of their unique styles and musical talent. Gaugh and Wilson lived on the same street and practiced instruments together during their childhood. Wilson later met Gaugh in sixth grade and played music together; finally, the three met and started ‘jamming out together’ as a band, according to Mark Kemp of Rolling Stone. Even though the trio had been playing together for years, Billboard.com reports that, “The band released only two albums during its first seven years, and finally found mainstream success with a self-titled release in 1996.” The band started at the bottom but climbed up the ladder of fame, slowly and then all at once.

Nowell, the lead singer of Sublime, grew up in Long Beach, California and was greatly influenced by all the different cultures and their music styles, which included; Reggae, Ska, Rock and Rap. Mark Kemp of Rolling Stone further expressed the diversity of his inspiration saying, “It’s been based on the sweet funk Nowell cooked up during his too-short 28-year love affair with punk, hip-hop, reggae and whatever other music he could lay his hands on.” Nowell had a gift of mending all genres of music together like no one else could, Gaugh could play the chilliest reggae beats on the drums, and Wilson could play the bass like a beast. Rolling Stone’s Adam Kovac added, “It was the kind of record that was destined to become the soundtrack of camping trips, barbecues and [stoner] bonding sessions for years to come.” Sadly, the main man, Bradley Nowell did not live to see fame. Rolling Stone’s writer M. Kemp stated, “Bradley Nowell died on May 25, 1996, in a San Francisco hotel room, after shooting up some heroin that was much more potent than the brown Mexican tar he was used to.” Kemp continued to tell, “... it was two months before the release of Sublime, the album that would make his band famous.” Aside from fame, Nowell also left a wife, Troy, and son, Jakob Nowell behind. On a happier note, in an interview with Troy, Nowell’s wife of one week told Rolling Stone, “My favorite memory of Bradley, I would have to say, is just how sweet he was.” Troy loved her husband, of one week, very much. She continued on to say, “Just a sweet and gentle soul. Genuine, not a rock star at all.” The humble soul never got to see what a hit he and his friends really were. They had the best years, earliest in their careers as their music was blowing up all over the world.

To this day, the group continues to be played on the radio and on the headsets of true fans that still love the different vibe of Sublime’s sound. These three artists lived the life, as Mark Kemp of Rolling Stone, said, “They loved to get [messed] up, they loved to [mess] things up, and they had many ways of doing it.” Just like these musicians once sang, “Summertime and the living’s easy” in their song Doin’ Time. You just have to keep living.

What is “My LALA, My Life”?

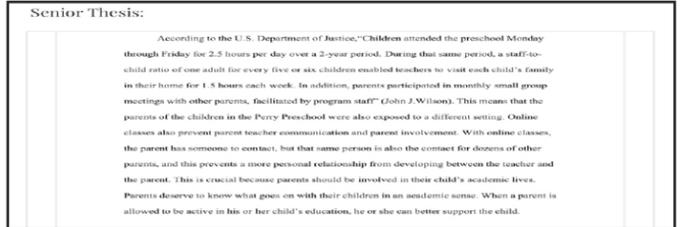


BY KIMBERLY ZAVALA
Staff Writer

My LALA, My Life is a semester-long project that seniors must complete in order to graduate. My LALA, My Life dates back three years ago with the class of 2014. The senior advisors who began this project were Al Schleicher, Mark Campbell, Phyllis Rosen. They decided that there should be a culminating project for the seniors. They believed that it would be a convenient way to end seniors’ high school experience. Back when it began, the class of 2014 were required to complete a powerpoint with four slides explaining how the students were “activist, creators, scholars and social.” Now, the class of 2017 has to complete the

requirements which are: a five page argumentative paper, an oral presentation, two reflection essays and an online portfolio.

Each component of the project is worth 25 percent of the whole project grade. “My LALA, My Life” was given to seniors on January 18, 2017, and will be due on May 26, 2017. This all depends on the seniors, they have to work on it on their own time, so they decide if they want to complete it or not. If the students decide not to finish the project, they will face the consequences of failing English 12 and not graduating high school. Seniors are allowed to choose when they would like to present their project. In addition, the seniors will be judged and graded by faculty staffs of LALA and the principal, Cynthia Cuprill. Moreover, one senior



will be chosen to win the \$1000 LALA College Scholarship Awards if that student has the best project out of all seniors.

This is a debate with seniors and teachers, because seniors strongly believe that this project is unnecessary and unfair. When asked about their feelings towards this project, a current senior, Monica Garcia said, “Well, I think it’s a waste of time, because who wants to hear what we have done over the years.” Monica continued stating her opinion by saying, “It’s not fair because if you do poorly then you might not graduate.” It doesn’t matter whether the seniors like My LALA, My Life or not, the date is set, and they are to turn in the project no later than the date giving.

Animal Cruelty in the Fashion Industry

BY YULISSA ANDREA JIMENEZ
Staff Writer

Do you know how many animals are being killed to make clothing? There are 150 billion animals that are killed for their fur or body parts a year in the fashion industry as stated by LA Adaptt (Animals Deserve Absolute Protection Today & Tomorrow)(2017). Animal fur isn’t always sold to make clothing, it’s also sold for fashion accessories.

Humans have been using animal skins and furs to make clothing for centuries. Yvette Mahé, Ph.D., author and historian states, “By the 13th and 14th Centuries, the growing mercantile class who was becoming wealthy and powerful through trade and commerce began to adopt the manners and fashion of dress of the aristocracy.” The production of animal skin and fur in fashion industry has increased rapidly in the past century.

The process of animal fur starts with animals being sent to a slaughterhouse. Once they’re sent to the slaughterhouse, they are put in cages, abused and skinned alive. After all the harsh processes towards animals, their skin/fur are sold in the market as if people were to buy meat from a slaughterhouse. Fashion companies like Burberry, Dior, Marc Jacobs, and Gucci



spend millions for animals’ fur/skin to make expensive clothing and accessories. The most common type of animals that are being used are: foxes, minks, and rabbits, as researched by PeTA.org, The People for the Ethical Treatment of Animals.

Additionally, these animals live together in indoor overcrowded wire cages. “The animals suffer many issues like not being free and dealing with stress and nervousness,” as stated by PeTA (2017). Moreover, the animals are frequently killed through anal electrocution or neck-breaking because

it prevents any damage to the fur. The animals are also hung and skinned alive. Why are animals getting killed for clothing? Because of fashion consumerism. Every year, millions of animals are killed for the clothing whether the clothing comes from fur farms in China or Indian slaughterhouses. The Australian outback is a place where a huge amount of suffering occurs for a fur-trimmed jacket, leather belt, and even a wool sweaters. These animals are being used in an unfair manners; moreover, they are brutally beaten just to get a piece of fur or skin off of their body, then made into fashion to be sold.

There are animal rights movements that are against fur and leather production and fashion brands associates with animal cruelty. For example, there are many campaigns like PeTA, Animals Right Movement, and Animal Liberation Front. There are also several stores that are animal friendly and fashion forward. Several designers that are anti-fur/leather are: Tommy Hilfiger, Calvin Klein, Charlotte Ronson, and Marc Bouwer. For you, it’s a fashion choice. For the animals, it’s life or death. So next time you go grab that new leather handbag or the coat with fur trimming, think about what the animal felt before they died to make you look good.

Immerse Into a Different World

BY BRIANA VEGA RAMIREZ
Staff Writer

What would it be like to experience something different? Why not experience something like virtual reality. Virtual reality is a computer-generated simulation of a three-dimensional image or environment that can be interacted within a physical way. It has been questioned how technology can seem as if someone is in a movie, but they’re actually in a realistic environment. In 1984, Michael McGreevy, a computer scientist, started to experiment with Virtual Reality technology as a path to advance human-computer interface (HCI) designs. Now, Oculus, an American technology company, has reconstructed its own device. This company was one of the first

to make virtual reality a headset and mass produce so it can be accessible for the public. Early forms of virtual reality included blocky looking graphics and crude renderings which did not take long to produce but would not meet today’s ever increasing demands. As time goes by, technology has become influenced by modern society and has changed in the gaming generation.

The Oculus headset allows users to immerse into the virtual world. According to Virtual Reality Society from Vrs.org.uk., “There are a range of systems that are used for this purpose, such as headsets, omni-directional treadmills and special gloves. These are used to actually stimulate our senses together in order to create the illusion of reality.” This headset provides an adjustment for the eyes, that way it is

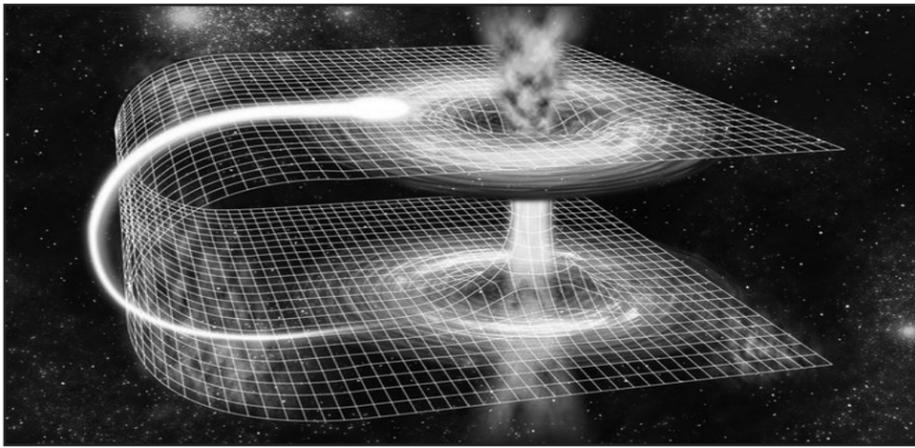
possible for someone to see a two dimensional as a three dimensional aspect.

The Voice interviewed a sophomore, Adan Ramirez, who attends Jurupa Valley High School about his thoughts and experience on virtual reality. When asked If he believes that new technology has a good aspect on people, Ramirez responded, “It is a new experience and it brings out the aw(amaze) in people.” Furthermore, within this interview he was asked, what kind of virtual reality games can others play, Ramirez then said, “The games that I have play virtual reality with were maze walk vr and house of terror.” Ramirez enjoyed this device because he described it as “fun” and something “new” to experience.

- Caution!!! It may cause dizziness.



Wormholes: Do They Exist and Will They Work?



BY DAMIAN CHRISTIAN LEPE
Staff Writer

Familiar with wormholes? Most people have heard of wormholes in movies such as *Interstellar* and *The Avengers*; however, most people don't know if they exist and will it work?

A wormhole is two points in spacetime which would allow to travel through space in time. They can connect to billions of light years away and in other universes. According to Space.com, in an article titled "What is a wormhole?" written by Nola Taylor Redd, published in April 13, 2015 4:53 pm, the author states that scientists Albert Einstein and Nathan Rosen proposed a theory of "bridges" through space. These "bridges" were called Einstein-Rosen bridges or wormholes. They are connected by two different points in spacetime which creates a shortcut that makes traveling through space faster and further from its original starting point? . This may be an answer to time travel and portals.

The same machinery that predicted the black hole, also predicted a white hole which throws out matter and nothing can go inside it. Moreover, Space.com stated that every black hole will be connected to a white hole creat-

ing the tunnel through space What's a, "White hole" . In other words, this source explains how a wormhole would be created if it ever existed. Has it ever even been created before? According to Physicsoftheuniverse.com, Scientists have evidence of black holes, but there is no known evidence of a white hole and there isn't any known evidence that our universe can really create one.

If white holes were ever formed and science had the technology to stabilize them, would it be possible to survive a trip through the wormhole? According to Space.com, the entering of a wormhole, a.k.a the "throat", is the event horizon of a black hole. That is terrible because the very meaning of event horizon is their very cosmique raison d'être. In other words, once something or someone goes in, it can't come out. Entering a black hole will take its victims infinite density and crushing gravitational forces. If there is no white hole, a wormhole can not be created. Therefore, the wormhole can be possible and you will most likely not be able to survive a trip down one.

Wormholes currently don't exist or we just don't have the technology to see one. However, if they were to create a wormhole, it will most likely not work due to the fact that what goes in a black hole never comes out. Adding on to that, the white hole will crush you due to all the forces.

Flammin' Hot Cheetos



BY JOSE ORTIZ JR.
Staff Writer

Hot Cheetos are a delicious snack meant to satisfy the appetite of those looking for a quick bite, but do many people know how they came to be or what exactly Frito-Lay is putting into their mouths?

It all began in 1978 in the little town called Rancho Cucamonga, California, when a Mexican janitor by the name of Richard Montanez created a spice that he often topped the Cheetos with (cheese Cheetos). In an interview with Food Beast, Montanez credits his discovery to a man he saw putting chili on his corn, "I see the corn man adding butter, cheese and chili to the corn and thought, what if I add chili to a Cheeto?"

Like many chips, Cheetos, main component is corn. Corn is pushed through a mill to create corn meal, the after product of corn after the reproductive seed is removed to ensure the corn does not spoil. According to an article titled What's Inside Flamin' Hot Cheetos? Probably Something Spicy, by Shara Town, "stripping each kernel means you strip a lot of its nutritional value, so nutrients—ferrous sulfate, niacin, thiamine mononitrate, riboflavin, folic acid—are added to enhance the quality of the meal." They add, "To make a crunchy puff, food producers like Frito-Lay pour a cornmeal mush into an extruder, a machine that can reach more than 350 degrees Fahrenheit. A metal screw twists the cornmeal into dough and pushes it

toward a tiny opening. The dough cooks in the extruder, and as it's forced through the exit, moisture escapes in a flash of steam and the stuff expands into a puff." A white tasteless powder like substance, maltodextrin, is used in artificial sweeteners or dry snacks to evenly distribute flavor and color. It is soluble in water which means it dissolves right when it touches your tongue. Wired informs its consumers, "For snacks—and boxed mac and cheese—a slurry of cheese, milk solids, and salt is dried into a powder that screams "Cheddar!" When you see "natural flavoring" it refers to any ingredient that exists without having to create it. In Hot Cheetos, this "natural flavoring" they refer to is the chili powder, but without maltodextrin the spice would be to devastating to eat. Factories add Sodium Diacetate and Citric Acid to give the chip the salty vinegar taste which in turn is what makes the cheddar flavoring pop out. Monosodium Glutamate is the taste enhancer found in almost every snack you eat. This enhancer is like caffeine; it makes you addicted the taste making you want to continue purchasing their products. However, this chemical can cause fatigue and headaches to those who ingest it.

For more in depth information please visit "What's Inside Flamin' Hot Cheetos? Probably Something Spicy" at Wired.com or "A Humble Mexican Janitor Accidentally Invented Flamin' Hot Cheetos And This Is His Life" at FoodBeast.com. If you don't mind all of the added chemicals then pick up a bag at your local convenience store and enjoy.

Legends of the Jersey Devil



BY CHRISTIAN RODRIGUEZ-MUNOZ
Staff Writer

The Jersey devil is an old legend of a creature that lives in the Pine Barrens forest of Southern New Jersey. This legend goes as far back as 1735. The legend starts with one of the earliest residents of New Jersey, a mother and a wife with the family name, Leeds. Unfortunately, her husband was an alcoholic and did not help support their 12 children. When Leeds found out that she was pregnant with her 13th child, she screamed, "Let this one be the Devil!" as stated by Animal Planet.

One stormy night, the women went into labor. When the baby was born everything seemed normal, but then he began to change. The baby became a terrifying creature with hooves, sharp claws, glowing red eyes, bat like wings and a forked tail. The Devil child then went on to slatter his mother, father, some midwives and many of its siblings before escaping out the chimney into the Pine Barrens forest as stated from Animal Planet.

The story itself is creepy to imagine and makes it hard to believe that a creature like this could ever exist, but the

people of New Jersey don't see this as a joke, they see this as a true legend. In the year of 1909, Jersey Devil sightings were so high that factories and even schools had to close down because of these sightings. They are so scared of this creature that the Philadelphia Zoo offered \$10,000 to anyone who could catch the creature, as well as the Hunt Brothers Circus with an offering of \$100,000 as stated by the National Geographic. In the last 275 years, there has been 2,000 people saying that they have seen the creature as stated from Animal Planet.

Although many people believe that the story is true, many still try to find a rational explanation. One theory states "Fugitives, dissenters and deserters took refuge in the Pine Barrens; some of them became notorious bandits known as 'pine robbers' or 'pineys,'" as stated from Animal Planet. "The threatening atmosphere of the Barrens, the criminal activities of the Pineys and sightings of real animals, like bears or sandhill cranes, likely inspired the tale of the Jersey Devil." In the end, people can say that the monster is real or fake but, all it comes down to is what you chose to believe. So do you believe in the Jersey Devil?

National Pig Day



BY TRAVES JASPER RODRIGUEZ
Staff Writer

Celebrated annually on March 1st, National Pig Day is a day to appreciate and recognize the existence of the domesticated pig. National Pig Day has events and celebrations at schools, zoos, nursing homes, and sporting events around the United States. This holiday has had its fair share of pig parades, pig parties and get togethers with pig collectibles, according to Nationaldaycalender.com. Most people aren't aware of the intelligence and cleverness of the pig. Some pigs are household pets to some people, and some owners train their pet pigs to do tricks.

According to the website Nationaldaycalender.com, it states that National Pig Day was founded by two sisters in 1972, their names were Ellen Stanley and Mary Lynne Rave. Mary was from Beaufort, North Carolina and her sister Ellen was a teacher in Lubbock, Texas. Mary

Lynne stated that the purpose of this holiday is "to accord the pig it's rightful, though generally unrecognized place as one of man's most intellectual and domesticated animals". National Pig Day is celebrated in the United States but mostly takes place in the Midwest such as Illinois, North Carolina, and even in New York City at the Central Park Zoo. In New York the Central Park Zoo brings in Pot Bellied pigs into their zoo for National Pig Day. You can also celebrate all over the state because the Pig is responsible for 1.9 billion of the state's commerce according to www.daysoftheyear.com. National-awareness-days.com states that a family in Long Island celebrates National Pig Day differently, instead of dining on the pig they treat it to a meal. You can celebrate by either cuddling with one, reading about one, or even eating one of them. You can also show your observance of National Pig Day on social media by posting #NationalPigDay.



Series Review

Stranger Things



BY ANDRES ALTAMIRANO
Guest Writer

The exhilarating sci-fi drama, *Stranger Things*, has viewer's eager about season two. The series was released on July 15, 2016 by Netflix with an astonishing amount of viewers, 14.07 million with ages ranging from 18-49, according to Variety.com. The protagonists include: Mike (Finn Wolfhard), Lucas (Caleb McLaughlin), Dustin (Gaten Matarazzo), Will (Noah Schnapp), Eleven (Millie Bobby Brown), Joyce (Winona Ryder), Jonathan (Charlie Heaton), just to name a few. Before watching this show, I had really high expectations due to the fact that one of my friends was stating that it was one of the best shows in years, and after watching it I had to agree with them. When I was finished the show, all I wanted to know was if they were going to release the next season and if so, when will that day be. In addition, the show left me with plenty of unanswered questions and excitement of what was going to occur in the following season. *Stranger Things* is a one of a kind show and I would recommend it to everyone; especially those who enjoy watching supernatural and horror fictions.

Stranger Things was originally filmed in Jackson, Georgia, but in the show it is said to take place in Hawkins, Indiana. Moreover, *Stranger Things* has been nominated for Best Edited One Hour Series for Non-Commercial Television, Best Sci-Fi/ Fantasy Series, and Outstanding Visual Effects in a Photoreal Episode, according to IMDb. The Netflix series has also won plenty of their nominations such as: Outstanding Performance by an Ensemble in a Drama Series and TV program of the Year.

The series begins with a group of best friends, who at the time were playing dungeons and dragons in Mike's basement. Their fun comes to an end when the boys, Lucas, Dustin, and Will head home. While being the last one to arrive home, Will encounters an uncanny creature in front of him. Will starts to make a run for it; however, the unusual creature is one step ahead. The next morning, Will was nowhere to be found, so Joyce (his mother) goes to the local police for help. The head of the police station, Jim Hopper, sets up a search party for Will and everyone in Hawkins is on a hunt looking for him, including his best friends. The search for Will Byers leads to shocking new discoveries in Hawkins, Indiana and also more questions about the small town. Mike and his friends also discover someone new, a girl that goes by the name of Eleven (011) or short for El. She has a bizarre aura and is known to have super powers. Eleven was locked up in Hawkins Laboratory for a long period of time and was used as an experiment by a group of bad men. Eleven isn't like other kids, her powers give her the ability to connect with the upside down, a parallel universe where the creature lives, which may or may not play a huge role in finding Will, the lost boy. Nonetheless, will she help them with their search? Or is she here for something else?

Movie Review:
Split

BY MARVIN NAVARRO ARAMBURO
Staff Writer

“The broken are the more evolved,” a quote from *The Beast in Split*. On January 20, 2017, director M. Night Shyamalan released his new psychological thriller, *Split*, presenting a story of three girls who are kidnapped by a man with the known name of Kevin, Dennis, Patricia, Hedwig, Orwell, Jerry, and Jade. James McAvoy delivers a satisfying performance as the man with multiple identities, Kevin “Wendell” Crumb. The story begins with the main female characters, Casey Cooke, Claire Benoit, and Marcia, but later focuses more on the mystery behind Kevin and what he might do next. It is believed that some can also manifest unique attributes while having this disorder. Betty Buckley plays Dr. Karen Fletcher, Kevin's psychiatrist, who tries to explore the mind of Kevin since she believes his disorder is nothing but a gift that allows him to surpass the common humans' brain potential.

These personalities emerge from his dissociative-identity disorder, which is fascinating if you look past the dramatic and thriller theme. If you have watched the movie, you can tell that the personalities that are being presented are actual individual identities that are incredibly real for Kevin. However, the distinct personalities inside Kevin will try and find out if his 24th personality exists by using the young women. A personality describes the change of personality with a chair that everyone takes a turn sitting on. With a 23 recorded, distinct personalities, the girls must try getting away from this man before the apparent emergence of an

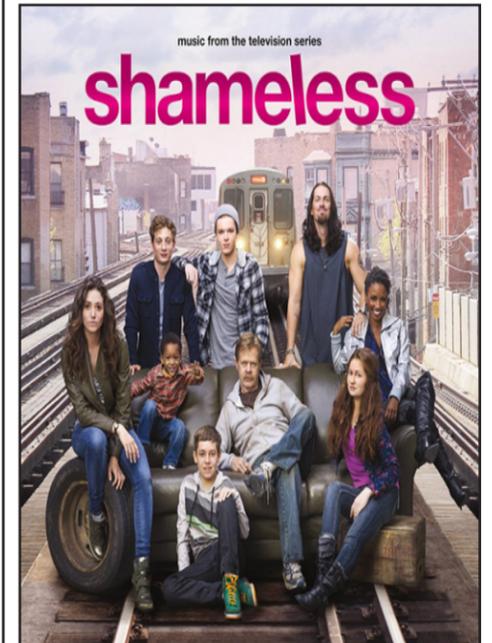
unknown, frightful 24th personality.

Overall, this movie is pretty unique with the idea of a human mind reaching its full potential. Unlike movies like *Lucy* where a woman is drugged in order to do the same and become a god-like figure, this movie seems more realistic due to the fact that it is labeled as a disorder which as we all know can happen to anyone. The movie shows the purity of someone who has been through horrible experiences and mixes it with the horrible thing humans can be capable of. Also, the movie has a fantastic ending that most people wouldn't understand if they haven't watched a particular M. Night Shyamalan thriller film from 2000.

Before watching this movie, I thought that the movie would be a cliché filled thriller that did not live up to its expectation. I remember walking into the third room of the movie theater thinking to myself how it will probably be a Goosebumps type of film. However, all the action began during the first and second minute with little explanation where the characters come from. The movie began to catch my attention before the first five minutes, which recently is hard to receive from most horror films. The movie makes the viewer not know if the antagonists (Kevin and his personalities) are really bad but misunderstood. I would recommend this movie to people who are trying to find a movie almost unlike anything they have seen where they have trouble figuring out who is wrong in certain situations. If you would like to experience this unique thriller, you can still watch *Split* at your local movie theatre.

Series Review

Shameless



BY SAMANTHA SOVALBARRO
Staff Writer

Shameless, an American comedy and drama tv series remake of the British series, filmed in Chicago, and all throughout Los Angeles. The tv series aired on Showtime, with an age rating of 18 and over due to the use of booze, drugs and sexual activity. About over thousands of people reviewed *shameless*, with a 8.5 out of 10 for all seven seasons. For the *Shameless* season final episode it drew about 1.72 million live or same day viewers at 9pm. The numbers increased 38% from viewers who watched the season premiere from those who watched the finale episode, according to Deadline.com. *Shameless* is averaging about 5.8 million viewers per episode for season seven, it's most watched season so far, also according to Deadline.com. I do personally enjoy this TV series; so, I do agree that this show should not be watched by young teens.

Shameless is about a family that faces many ups and downs, but they always stick together. Frank Gallagher, the Gallagher's alcoholic father who is played by William H. Macy. Never home, always drunk, on drugs or always in some type of trouble, raises his kids until, Monica their mother leaves them at a young age. Meanwhile, Fiona has to step up and take care of her three brothers and one sister. Dealing with her lifestyle in the south side Fiona still balances to manage her sex life and siblings. While Frank Gallagher is out drinking in the bar, spending any money he has, or just passed out somewhere on the ground, the Gallagher's learned how to be independent. The Gallagher's are nothing like any family you know, however they have no apologies for being who they are.

The Voice was able to interview Kikey Castillo who plays the role of Nurse Edmonds, from season six of *Shameless*.

(The Voice) How many days were you on set?
Nurse Edmonds: “I was on set for about one day.”
(The Voice): What was your favorite part of working on *shameless*?

Nurse Edmonds: “being able to film with the big time actors, and being with the crew and actors”
(The Voice): What advice can you give to someone who wants to become an actor?

Nurse Edmonds: “Stay in school and get your education, research on being an actor in Los Angeles and lastly take an acting class to see if you even enjoy acting.”

Shameless was first a U.K. TV series, but then was changed into a US series back in 2011. With the same character names and somewhat of the same family problems the family goes through everyday. There are about 14 actors who are constantly on every season. However, the nine main actors are Emmy Rossum (Fiona), Cameron Monaghan (Ian), Jeremy Allen White (lip), William Macy (Frank), Ethan Cutkosky (Carl), Emma Kenney (Debbie) and Blake Johnson and Brennan Johnson both play the role of Liam Gallagher, also Shanola Hampton (Verónica) and Steve Howey (Kevin). I personally really love this tv series, I've seen all 7 seasons and 84 episodes. From the beginning, the show caught my attention, as with thousands of other viewers. Although, as I mentioned in the beginning of my review, this show is not appropriate for young adults. There are a lot of inappropriate scenes, and language. However, if you think you're mature, then go for it and start watching this series on Netflix and Showtime.